



Orgyen Kusum Lingpa's Precious Advice

I have given you an overview of the six intermediate states and would like you to practice what you have been taught. Please continue with your trekchod and tögal practice. If you do there will be no fear of death. And please remember, one deity is not better than another in terms of what will actually help you in the bardo. If you have been a Tröma practitioner, then Tröma will guide you through the bardo. If you have practiced Avalokiteshvara, then he will guide you to the pure realm. It doesn't matter what practice you have done but rather where your faith lies. These are all enlightened beings and they will come to greet you and help you at that time. We have developed a relationship of teacher and student and I've given you many instructions so please don't forget the teachings and don't forget me. I will never forget you. We will remain spiritual friends for the rest of our lives and in the next life as well. We can meet in the buddha realms. If I am a pure teacher, and if you have faith and remember to pray to me, then I can come to you like a lightning bolt and help you out of your situation in the bardo. This is the power that Buddhas or excellent lamas can use to assist their students.

Orgyen Kusum Lingpa